

The Real Food *Campaign*

www.realfoodcampaign.org

ARE YOU READY TO GO BEYOND ORGANIC?

Soil Mineral Nutrition

Learn to grow & market foods with superior nutrient quality

February 5-7, 2009

Barre Congregational Church

Barre, Massachusetts



TAUGHT BY

Arden Anderson, Ph.D., D.O.

Doctor, Dairy Farmer, Agriculture Consultant

Ph.D. in Biophysics, D.O. in Medicine

Arden Anderson advises some of the largest farms in the world

Real Food
NUTRIENT DENSE

One doesn't find many individuals like Dr. Arden Andersen. Not only is he an accomplished physician, but he is also a world leader in sustainable agriculture. He knows better than anyone that most of the health issues he sees routinely in his medical practice begin in the health of the soil in which our food is grown. In both cases, he is well-versed in what to do.

TOPICS COVERED

- Biological approach to agriculture
- Balancing soil minerals
- Full Spectrum fertility
- Biological soil enhancement
- Natural materials to increase soil fertility
- Build pest & disease resistance
- Monitor crop quality & nutrient density
- Tests to evaluate ecological management
- What weeds tell about soil fertility
- Produce crops with balanced nutrition

www.nofamass.org/seminars/winterseminar.php

FOR MORE INFORMATION
OR TO REGISTER

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sponsored by

The Real Food Campaign — Remineralize the Earth
Northeast Organic Farming Association of Massachusetts